



SPRING 2017 Workshop

The Fundamentals of Self-Acupressure Rebalance & Replenish

Open to Reflexologists, Massage Therapists and the General Public



ARCB and NCBTMB Approved - 8 CEUs provided

SATURDAY APRIL 29th
9:00 am - 6:00 pm

Location: Hampton Inn, 1 North Ave., Garden City, NY (516) 227-2720

- ❖ Fundamentals of Self-Acupressure from the Jin Shin Do® Bodymind Acupressure® Foundation
- ❖ Be introduced to acupressure theory and explore the body/mind connection
- ❖ Learn a 25 self-acupressure point routine from head to toe, including a neck and shoulder release, learn the benefits of each point
- ❖ Learn a Qi Gong routine to further connect with the meridian energy flow
- ❖ Reflexologists and LMTs will locate hand and foot points on each other and learn how to integrate the acu-points into their practice
- ❖ Avra Blieden, ARCB, LMT is an authorized teacher with the Jin Shin Do® Foundation
- ❖ Please bring yoga/exercise mat, pillow, sheet or blanket

NYSRA MEMBER REGISTRATION Early Bird Rate (by Mar 31): \$145

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=8C86W66T663QS

NYSRA MEMBER REGISTRATION (after Mar 31): \$160

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=WJ3EPMZYGZM7E

Non-MEMBER REGISTRATION Early Bird Rate (by Mar 31): \$170

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=JNAZ3XAULS7QJ

Non-MEMBER REGISTRATION (after Mar 31): \$185

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Name _____

Address: _____

City: _____ State _____ Zip _____ Email _____

Phone: (h) _____ (c) _____ Fax _____

Status: Member NYSRA Member # _____ Non-Member ARCB certified

★ IF PAYING BY CHECK OR BY PAYPAL BE SURE TO FILL OUT AND MAIL IN YOUR REGISTRATION FORM. ★ ALL CHECKS ARE PAYABLE TO NYSRA. ★ ALL FORMS AND CHECKS SHOULD BE MAILED TO: NYSRA, 704 Williamsburg Drive, Mahopac, NY 10541.

★ TERMS AND CANCELLATION POLICY: Workshop fees must be paid in full prior to scheduled event. Workshop fees will be refunded only when written notification (email, fax or letter) of withdrawal by the participant from the workshop is received at least one (1) month prior to the date of the event. 50% will be refunded up to thirty (30) days prior to the event. 25% will be refunded up to fourteen days prior to the event. No refunds will be given within the two week period before the event. If for any reason the event is cancelled, either by NYSRA or the presenter, participants who prepaid will receive a full refund. No-shows are non-refundable. ALL REFUNDS SUBJECT TO A \$25.00 ADMINISTRATION FEE.